



Lifestyle Therapies & Training Solutions

...passionate about Allied Health in Queensland!

Occupational Therapists enable people of all ages to participate in the activities of everyday life. Occupational therapists achieve this outcome by working with people and communities to enhance their ability to engage in the occupations they want to, need to, or are expected to do, or by modifying the occupation or the environment to better support their occupational engagement.

WFOT 2012

They work with many different adults and children who have difficulty engaging in normal activities to achieve their daily living requirements.

LTTS offers a range of therapies and assessments to help adults and children of all ages grow, learn, and play. We can help in the following areas:

- Assessment and training of personal and domestic activities of daily living (eg. self-care, domestic and community living skills)
- Home assessment and recommendations for home modifications
- Upper limb and hand therapy including fabrication and prescription of splints
- Scar and oedema management
- Prescription of assistive devices and equipment
- Cognitive assessment and therapy
- Perceptual assessment and therapy
- Education in areas such as relaxation, energy conservation, stress management, work simplification, fatigue management and leisure
- Childhood development (handwriting, perceptual, hand-eye coordination, jumping, walking, cutting, reading, writing)
- Behavioural support and understanding
- Sensory support and understanding
- Developmental difficulties i.e. perceptual/ language/ social development
- School difficulties
- Behavioural problems
- Learning/physical disabilities
- Neurological impairments/degenerative conditions

LTTS can offer individual or group services in a variety of settings and locations (clinic, schools, aged care homes, childcares/kindergartens, community health centres, mental health services and home visits).

LTTS is also an approved panel provider for the Better Start Program and Helping Children with Autism Program. Call us to today to see if your child qualifies for funding underneath either of these programs.

Contact us – 1300 994 854

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